

## Understanding the SCIO biofeedback system

We realise that the type of testing we use in our health assessments will probably be new to you, so here is a short explanation of how things work.

The SCIO system is a small box connected to a laptop and connected to you by head and limb straps whilst sitting in a chair.

It is completely non-invasive and most people don't feel any sensation (a small percentage of people feel a mild tingling at times) and we can test babies and children as well as most adults (we can't test you if you have a pacemaker unfortunately).

When we test babies and small children, the head strap is put around their tummy and we are very skilled at getting the head strap close enough to children to test them. We have lots of experience of testing children on the autistic spectrum and finding ways to make it work. The test information is especially useful for children or adults who can't communicate their symptoms, as it gives us answers to questions that we couldn't know otherwise.

Initially the test checks reactions to over 20,000 items and then the practitioner can do further individual reaction tests to items of interest. This extra information tells us how much that item is needed, or if it is causing a problem and also gives links to other test items that are connected.

We can test for bacteria, viruses, fungal and other infections, nutrients, intolerances and allergies, hormone levels and toxins as well as organ / gland / spinal functions and problems

You will be "strapped up" through most of the appointment so that your practitioner can test extra items as she works through your consultation.



## A more technical description of how the SCIO works

All living things have their own complex energy field. It's a form of electricity.

Everything in the body resonates at its own specific frequency and will vibrate with greater force when stimulated by a wave of similar frequency. The changes in this electro-dynamic field have an effect on emotional and physical states in the body.

The resonant frequencies in the body change frequently in response to many internal and external factors. The first signs of something going wrong in the body are electro-dynamic changes which happen well before the development of any symptoms.

Homeopathic medicines supply a stimulus to these disturbances, which alert the body to the problem areas and start a healing response.

We use the SCIO biofeedback system in our clinics, which measure the body at this subtle electro-dynamic level.

In the past, the body's energy field was measured using techniques like kinesiology for muscle testing and point probe EPR testing. These can be affected by the therapists muscle control which affects accuracy and are limited as it takes time to test individual items this way.

The SCIO coordinates a complex electro-biofeedback system with advanced computer software that collects information about subtle stresses in the body. It measures electro-physical reactivity in the form of changes to voltage, amperage and resistance levels at a biological speed of 1/100 of a second.

We find that the SCIO gives us crucial information about the underlying causes of illnesses and what the best solutions to those imbalances might be. It is also a clear means of tracking what areas have improved and where more support is needed, as we work through the recovery programme.

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